



**KANSAS INITIATIVE
FOR STROKE SURVIVAL
INC**
A Project By & For Kansans

WHAT ARE THE WARNING SIGNS OF STROKE?

BALANCE

Is balance or coordination changed? Is walking or sitting upright difficult? Is the person dizzy?

EYES

Is vision in 1 or both eyes difficult? Is there double vision or a blind spot in vision?



B
BALANCE



E
EYES

BE FAST

It's an easy way to remember the sudden signs of stroke. When you can spot the signs, you'll know quickly that you need to call 911 for immediate help. This is critically important. The sooner someone with a suspected stroke gets to the hospital, the sooner they'll get treatment. Time is brain. When you can BE FAST, you can make a remarkable difference in your or someone else's treatment and recovery



F
FACE

FACE

Does 1 side of the face droop or is it numb? Ask the person to smile and look for facial droop.



A
ARM

ARM

Is 1 arm weak or numb? Ask the person to raise both arms. Does 1 arm drift downward?

SPEECH

Is speech slurred? Is the person unable to speak, or are they hard to understand? Ask the person to repeat a simple sentence, like "the sky is blue." Can they repeat the sentence correctly?



S
SPEECH



T
TIME

TIME

If the person shows any of these symptoms, even if the symptoms go away, call 911 immediately.

Check the time so you'll know when the first symptoms appeared. The clot-busting drug may improve the person's chances, but it must be given soon after symptoms begin

For more information, visit:

www.kissnetwork.us



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