

# What is Stroke Smart Kansas?

Kansas Department of Health & Environment (KDHE) and Kansas Initiative for Stroke Survival (KISS) have received a proclamation from the Governor to allow us to spread education throughout the state (see page 3).  
But...we need **YOUR** help!

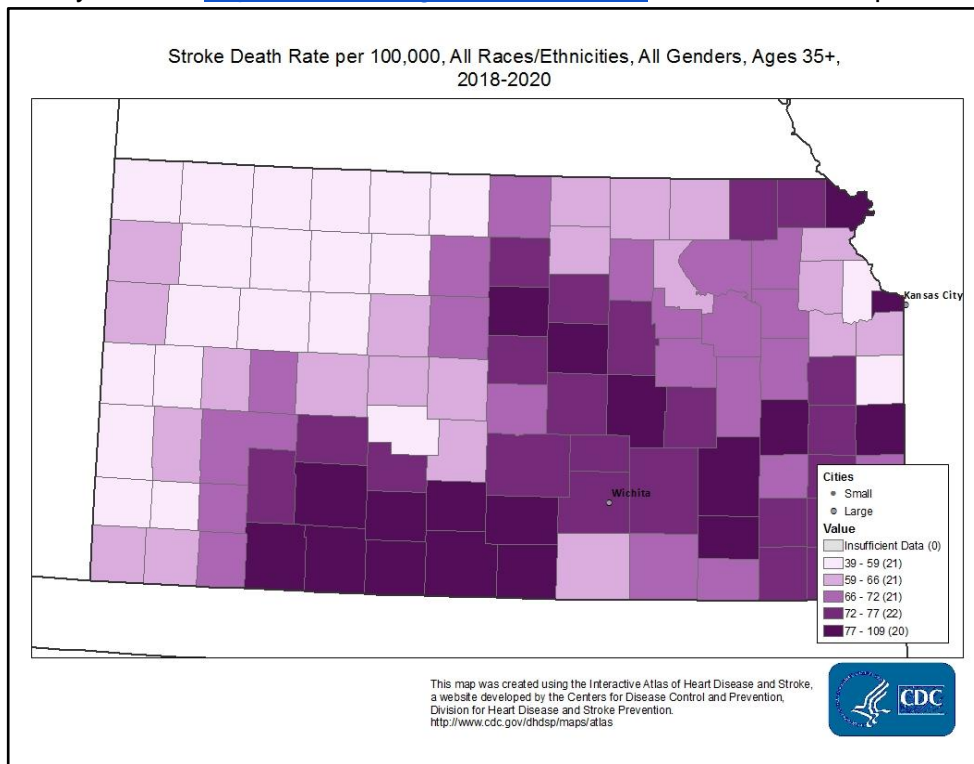
## Did you know?

**Stroke is the 6th leading cause of death in the state of Kansas.**  
Let's teach our communities about stroke to lower the number of stroke deaths!

Here is a current snapshot of KS Stroke outcomes:

<https://www.cdc.gov/nchs/pressroom/states/kansas/ks.htm>

**Do you know your county's overall stroke mortality?** Darker purple color is higher mortality.  
Find yours at: <https://nccd.cdc.gov/DHDSPAtlas/> or look at the map below.



**We are looking for Stroke Smart Ambassadors from throughout the state of Kansas to help us spread stroke awareness! See next page for details...**



## Steps for Becoming a Stroke Ambassador for your Community:

1. Fill out this link by April 15:  
[https://docs.google.com/forms/d/e/1FAIpQLSfOZCDQf6yggd3pxwfAQ\\_YpeMu6mJqCG\\_F5FH0galF7c34N7w/viewform?usp=sharing](https://docs.google.com/forms/d/e/1FAIpQLSfOZCDQf6yggd3pxwfAQ_YpeMu6mJqCG_F5FH0galF7c34N7w/viewform?usp=sharing)
2. Attend a training session. You will be contacted after April 15 with possible dates.
3. Stroke Awareness Resources will be mailed to you or can be downloaded from:  
[Patient Education Resources – KISS \(kissnetwork.us\)](http://Patient Education Resources – KISS (kissnetwork.us))
4. Follow KISS, American Heart Association- Kansas, and KDHE on Facebook\*:



5. Invite 10 people to follow the KISS Facebook page.
6. Spread your stroke knowledge around your community!
7. You will be recognized on our websites ([www.kissnetwork.us](http://www.kissnetwork.us)) as well as social media and provided a token of your appreciation!

*\*If you do not have Facebook, alternative participation options are available at training sessions.*



STATE OF KANSAS



PROCLAMATION  
BY THE  
GOVERNOR

TO THE PEOPLE OF KANSAS, GREETINGS:

WHEREAS, approximately 1 in 4 individuals will suffer from a stroke during their lifetime. Moreover, stroke is the leading cause of long-term disability, placing a considerable financial burden on individuals, families, and society alike; and

WHEREAS, up to 80% of strokes are preventable. Stroke has modifiable risk factors such as high blood pressure, high cholesterol, diabetes, and obesity; and

WHEREAS, time is of the essence when it comes to treating a stroke; life-saving, stroke-reversing treatments are available, however they must be administered within a set time-frame following the onset of symptoms; and

WHEREAS, since 2011, 75 facilities in Kansas have committed to improving access to acute stroke treatment and decreasing both disability and mortality from stroke; and

WHEREAS, all the state of Kansas health and safety-focused entities such as hospitals, clinics, physicians' medical practices, health departments, pharmacies, fire, EMS, public safety, social services and the departments of aging, and the Kansas Initiative for Stroke Survival will be urged to participate in improving stroke literacy across the state of Kansas by educating all its employees, volunteers, and associated communities; and

WHEREAS, the state of Kansas community, including businesses, civic organizations, senior communities, faith-based organizations and residents, will be encouraged to participate and contribute to the Stroke Smart: BE FAST campaign through active citizenship efforts; and

WHEREAS, the goal to educate everyone in the state of Kansas about stroke recognition and the importance of dialing 911 immediately will be prioritized in order to reduce the onset of stroke to 911 interval and make the state of Kansas a model for other communities, cities, counties, commonwealths, states and the nation thereby advancing the vision of a Stroke Smart America.

NOW, THEREFORE, I, Laura Kelly, GOVERNOR OF THE STATE OF KANSAS, do hereby proclaim, May 2023, as

Stroke Smart Kansas Month

in the state of Kansas and I urge all citizens to join in this observation.



DONE: At the Capitol in Topeka  
under the Great Seal of  
the State this 1<sup>st</sup> day of  
May, A.D. 2023

BY THE GOVERNOR:

*Laura Kelly*

*Scott Schuler*  
Secretary of State

*Jill*  
Assistant Secretary of State