

# Stroke Support Group 2026

This group meets the third Wednesday of the month, 6-7:30 p.m., Central Standard Time. We hope you can join in person or virtually via Zoom.

This group is co-led by Dr. Dipika Aggarwal, stroke survivor and neurologist, and Sarah Langston, RN, and is a collaboration between The University of Kansas Health System and PAM Health Rehabilitation Hospital of Overland Park.

We are proud to offer these events for stroke survivors, caregivers and family members to enhance physical and emotional well-being.

## **In-person information:**

Lenexa City Center Library  
Meeting Room #2  
8778 Penrose Lane  
Lenexa, KS 66219

Please note, there are two entrances. One is on the north side, lower level, of the building facing the Lenexa Public Market. The other can be found on the parking garage level at the northwest corner of the building. Garage and street parking available.

## **Virtual information:**

Log in to [Zoom.us/Join](https://zoom.us/join).  
Meeting ID: 994 7192 4595

## **For more information:**

Email Sarah Langston at [SCarter2@KUMC.edu](mailto:SCarter2@KUMC.edu) or call 913-945-8852.

## **Dates for 2026:**

January 21  
February 18  
March 18  
April 15  
May 20  
June 17  
July 15  
August 19  
September 16  
October 21  
November 18  
December 16

